

## **Principle Ideas**

### **Consciousness**

The term consciousness is used here to refer to the mysterious all encompassing origin of beingness and experience.

### **Structure**

The unitary field of consciousness creates infinite structures. The term structure is used here to describe any organization of consciousness into form.

### **Ontology and Phenomenology**

Consciousness structures are organizations of consciousness into organs of ontological beingness. Ego structures are organizations of beingness into organs of phenomenological experience.

### **Soul**

The consciousness structure that is an entity existing in the soul realm and presencing itself in various dimensions of the psyche.

### **Conscious Mind**

The "eyeball" of the soul. The consciousness structure by which the soul awakens within the psyche.

### **Conscious attention**

Focused consciousness. The Dimension Approach utilizes five specific types of conscious attentional focus; witnessing, holding, containing, mirroring, and contacting.

## **The Psyche**

The vehicle which contains the various realms, planes, and dimensions by which the phenomenal world occurs.

## **Realms of the Psyche**

The psyche contains various realms which manifest and operate each according to specific laws.

## **Consciousness structures**

Individual consciousness (Soul) presences itself in various dimensions of the Ego Realm. A Soul does this via 'consciousness structures' (organs of being) which function as access points into the various dimensions of the Ego Realm.

## **Ego Structures**

The human psyche, made up of various 'ego structures', is the vehicle by which the Soul organizes experience into various levels of ego experience.

## **Structural change**

The structures of the psyche function as a system, certain structures possessing the ability to effectuate structural change in certain other structures. It is structural change that determines healing, development, and performance.